

X Element™

BRACING FOR MOTION

Application and Sizing Guide

Instructions For Use

Note: Before application, place an absorbent sock or ankle wrap on patient's ankle.

1. (a) Open all straps and spread uprights apart to position foot in brace at 90° angle. (b) Make sure heel is as far back in the brace as possible. The criss-cross straps located at the back of the foot should cup the heel.

2. Secure the (a) upper then (b) lower calf strap for a snug fit.

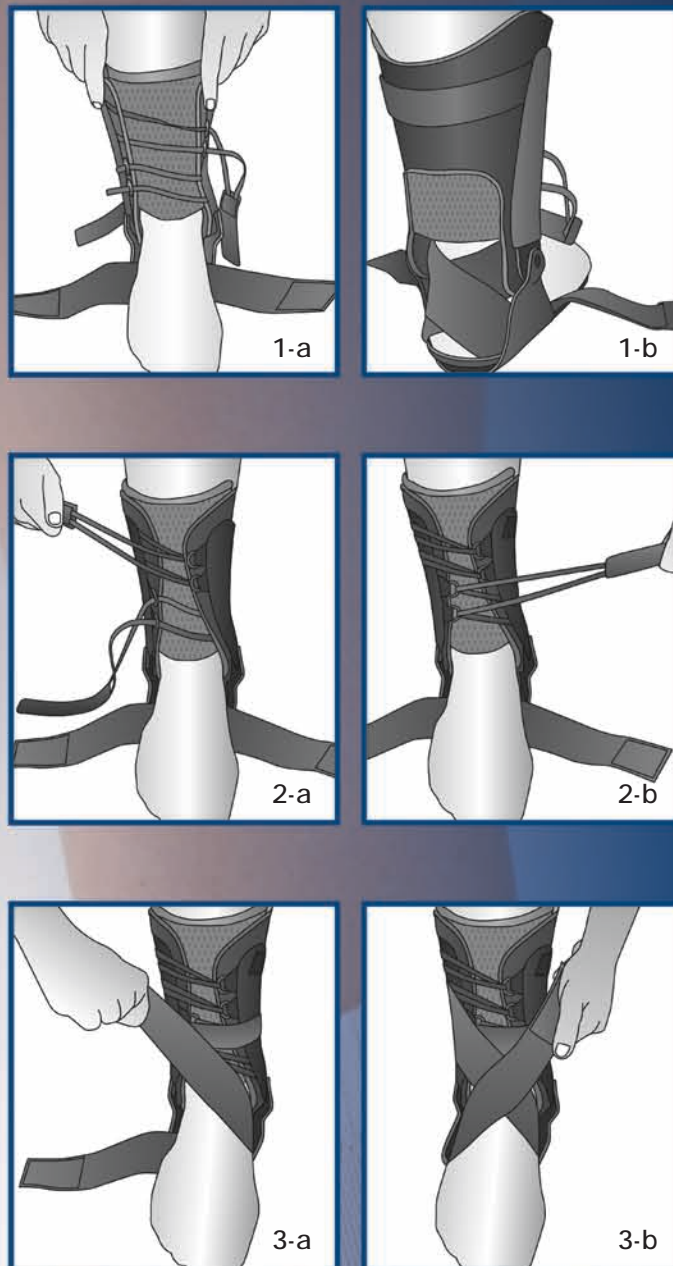
Note: These straps are to be secured in opposite directions.

3. Secure criss-cross straps to the uprights. (a) Begin by firmly securing strap on the arch side of the foot over the front of the ankle in an upward direction. (b) Next, secure strap on the outside of the foot over the front of the ankle again pulling in an upward direction.

Note: It is important to pull tightly in an upward direction maintaining tension on the strap until it is secured on the upright. The straps should form a criss-cross configuration and be positioned flat against the front of the leg.

4. Check for adequate circulation. Readjust straps as needed for a secure and comfortable fit.

NOTE: Before inserting foot into shoe, completely unlace shoe laces. Removal of inner sole is also recommended for most comfortable fit.



200 DeBusk Lane, Powell, TN 37849 | 888.938.7828 or 865.938.7828 | www.deroyal.com

rev 08/08 Lit 0-2134

Ordering Information

	Male Shoe Size	Female Shoe Size	Standard Right	Standard Left	Standard Concise Right	Standard Concise Left	Wide Right	Wide Left
Small	< 8	< 9½	AB2110-10	AB2110-16	AB2130-10	AB2130-16	AB2120-10	AB2120-16
Medium	8-12	9½-13½	AB2110-12	AB2110-18	AB2130-12	AB2130-18	AB2120-12	AB2120-18
Large	12 +	13½ +	AB2110-14	AB2110-20	AB2130-14	AB2130-20	AB2120-14	AB2120-20

Measure calf circumference 8" from ground. Standard = < 10"; Wide = > 10". Concise version is 1½" shorter for lower profile fit.

*Patented and Patent Pending